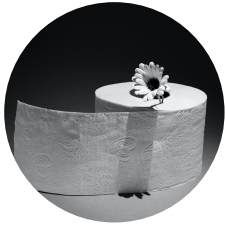




ZERO WASTE RECIPE



TOILET TABLET

INGREDIENTS

- 300g bicarbonate of soda
- 100g citric acid
- water
- eucalyptus or lavender essential oil (optional)

UTENSILS

- ice cube tray
- 1 teaspoon
- 1 tablespoon
- 1 bowl

INDICATIONS

- Preparation: 30 minutes
- Precautions: clean hands and tools

PREPARATION

- 01 Mix the citric acid and bicarbonate of soda in a bowl
- 02 In a glass, mix the water and the essential oil (about 25-30 drops) if you wish to use it.
- 03 Pour a little at a time into the bowl, while mixing to obtain a material similar to wet sand.
- 04 Fill the cubes in the ice cube tray and leave overnight.
- 05 Turn out and let the cubes dry.