



ZERO WASTE RECIPE



LAUNDRY DETERGENT

Liquid, with ivy

INGREDIENTS

- 50 freshly picked washed ivy leaves
- 1L water

UTENSILS

- pot with lid
- wooden spoon
- glass bottle or plastic can

INDICATIONS

- Preparation time: 30 minutes
- Precautions: clean hands and tools
- Storage: in a dark place, between one and three months

PREPARATION

- 01 Bring the water to the boil in a pot.
- 02 Add the pre-cut leaves, and let them boil for 15 minutes with a lid.
- 03 Leave to macerate overnight with the lid on.
- 04 Strain and store in a glass bottle. Pour a glass for the detergent.