



ZERO WASTE RECIPE



DEODORANT

Solid

INGREDIENTS

- 100g coconut oil
- 50g bicarbonate of soda
- 50g cornstarch
- 20g beeswax or vegetable wax (optional)
- eucalyptus or lavender essential oil (optional)

UTENSILS

- 1 spoon
- 1 glass bowl
- 1 saucepan

INDICATIONS

- Preparation: 30 minutes
- Precautions: clean hands and tools

PREPARATION

- 01 Melt the coconut oil in a water bath. Add the wax (optional). Stir.
- 02 Add the baking soda and then the cornstarch. Stir.
- 03 Remove the mixture from the water bath. Add the drops of essential oil.
- 04 Pour into a glass container with a lid. Leave to cool.
- 05 Take a little of deodorant on your finger and spread it under your armpit